

THE CONVALESCENT HOME
OF THE CHILDREN'S HOSPITAL
AT WELLESLEY HILLS, MASS.



FOR THE YEAR 1937

OFFICERS

President

Mrs. NELSON S. BARTLETT
Wellesley, Mass.

Vice-President

Miss MARY B. LOTHROP
121 Marlborough Street
Boston, Mass.

Honorary Vice-Presidents

Mrs. HORATIO G. CURTIS
179 Marlborough Street
Boston, Mass.

Mrs. HENRY S. HUNNEWELL
Wellesley, Mass.

Mrs. GEORGE H. MONKS
51 Commonwealth Avenue
Boston, Mass.

Treasurer

Mr. H. W. DWIGHT RUDD
65 Kilby Street
Boston, Mass.

Assistant Treasurer

Mrs. ROBERT M. TAPPAN
731 South Street
Needham, Mass.

Secretary

Mrs. GEORGE P. DENNY
65 Commonwealth Avenue
Boston, Mass.

Superintendent at the Home
Miss LILIAN A. GUILLOD, R.N.

Investment Committee

Mr. ROBERT T. GANNETT
80 Federal Street
Boston, Mass.

Mr. S. HOOPER HOOPER
925 Boylston Street
Boston, Mass.

Mr. H. W. DWIGHT RUDD

MANAGERS

Mrs. ROBERT AMORY

Miss ANNA W. CUTLER

Mrs. F. MURRAY FORBES

Mrs. I. McD. GARFIELD

Miss JANE GARFIELD

Mrs. HOLLIS HUNNEWELL

Mr. HOLLIS HUNNEWELL

Mrs. GEORGE S. MUMFORD, JR.

Mrs. W. ELLIOTT PRATT, Jr.

Mrs. GEORGE P. REYNOLDS

Mrs. WILLIAM E. STANWOOD

Mr. ROBERT M. TAPPAN

Mrs. A. WINSOR WELD

Mrs. STEPHEN M. WELD

Mrs. ALEXANDER WHITESIDE

Mrs. THOMAS WHITESIDE

ACTIVE STAFF

HENRY E. GALLUP, M.D.....	<i>Visiting Physician</i>
FREDERICK BARNES, M.D.....	<i>Resident</i>
FREDERICK A. STANWOOD, M.D.....	<i>Physician for Nurserymaids</i>
PHILIP I. JOHNSON, D.M.D.....	<i>Dentist</i>

CONSULTING STAFF

KENNETH D. BLACKFAN, M.D.....	<i>Medical</i>
WILLIAM E. LADD, M.D.....	<i>Surgical</i>
FRANK R. OBER, M.D.....	<i>Orthopedic</i>
LYMAN G. RICHARDS.....	<i>Otolaryngologist</i>

NURSING STAFF

SARAH VICKERY, R.N.....	<i>Teaching Supervisor</i>
KATHERINE NELSON, R.N.....	<i>General Supervisor</i>
DOROTHY HANCOCK, R.N.....	<i>General Supervisor</i>
ELINOR MOISON, R.N.....	<i>General Supervisor</i>
ELAINE HIGGINS.....	<i>Night Supervisor</i>
EVELYN G. KARP, A.B., M.S.....	<i>Social Service</i>
ELIZABETH McCREARY.....	<i>Occupational-Therapist</i>
KATHERINE WHITE, A.B.....	<i>Principal of School</i>
DOROTHEA GALLAGHER.....	<i>Assistant</i>
Alice F. Farley.....	<i>Physical-Therapy Technician</i>
ADA FELCH, B.S.....	<i>Dietitian-Housekeeper</i>

THE CONVALESCENT HOME
OF
THE CHILDREN'S HOSPITAL

The purpose of the Home is to give necessary convalescent care to children when acute illness is over and home conditions are inadequate.

The Home is a separate organization, receives no financial assistance from The Children's Hospital, and is a Member of the Community Federation of Boston.

Patients who are able pay a nominal sum, but two-thirds are free. We earnestly solicit your generous support.

You are cordially invited to visit the Home on Forest Street, in Wellesley Hills, a mile off the turnpike, Route 9, from Boston.

Donations: The Home is deeply indebted to our many generous friends, who throughout the year, and especially at the holiday seasons, so thoughtfully have sent us gifts of fresh vegetables, fruit, eggs, jellies, clothing, toys and games.

Entertainments: We wish also to thank all those who have so generously given of their time in arranging entertainments throughout the year. The children look forward eagerly to these entertainments, which relieve the monotony of their daily routine.

ENTERTAINMENTS DURING 1937

Christmas Carols, and gifts for all the children from the Charles River School, Dover; from the Congregational Church, Wellesley Hills; from Troop 10, Needham; from Wellesley Senior High Troop; from Junior High, Girl Scout Troop. An entertainment, Wellesley Telephone Exchange. A Christmas tree, from Troop 9, Wellesley. A party from the Agora Society, and Mrs. Cross's Group, Wellesley.

From the American Legion, Wellesley Post, fireworks and ice cream. From the Needham Post, a Christmas tree and entertainment. A Puppet Show from the Charles River School children; also from children of St. Andrews Church, Wellesley; and an entertainment by the Scissors and Paste Club, Wellesley Hills.

NOTES — 1937-1938

It was with deep regret that the managers received the resignation of Mrs. Garfield as assistant treasurer. Her devoted and untiring work during eighteen years has made a record of unselfish service worthy of very special recognition. Mrs. Tappan has kindly consented to take her place.

With great regret, also, the managers announce the resignation from the Board of Mrs. John L. Hall and Mrs. Horace A. Hildreth.

Mr. Hollis Hunnewell and Mr. Robert M. Tappan are the new members.

Miss Elizabeth McCreary, occupational-therapist, has joined the staff of the Home.

We feel very fortunate in having a director for this important work.

REPORT OF THE SUPERINTENDENT

As we gather together the threads of the year 1937, we find that on the whole it has been a year of definite progress and encouragement.

We have given 26,451 hospital days' care to 533 infants and children.

We were unusually free from contagion, there having been only a few cases of measles in the early summer and a mild epidemic of dysentery in the late fall.

The outstanding expenditure for improvement of buildings was the necessary alterations to the Charles Goddard Weld Ward. Because of the gradual change in type of patients it became imperative to reconstruct the ward.

It was built originally to accommodate patients with diseases needing intensive sun or lamp treatments. These patients are now admitted to institutions especially designed for their long-time care. There is, however, a definite need

for beds for children suffering with heart disease and rheumatic fever; so that the alterations undertaken will give us the opportunity to render a very worth-while service.

The decision to close the old wooden building, used as an Infants' Ward, was a serious blow, not only because of the number of applications which will have to be refused, but also because this department is so necessary in the adequate teaching and training of our nursery maids.

The small rooms in the Weld Ward have been set aside for five baby beds, and while very limited, will serve the purpose temporarily. There is, however, a direct need for adequate accommodations for infants, and we look forward to definite help toward this end in the immediate future.

Our school continues along its even course under the efficient guidance of Miss Katherine White and her assistant. There has been an average daily attendance in the school of 30 children, and 186 children received instruction during the school year. Bedside instruction was given to a class varying from 8 to 10 pupils daily.

During the fall and winter months members of The Junior Service League of Wellesley have given four afternoons a week to occupational therapy for the bed children and have also maintained a library of story books. This generous assistance has been of tremendous help and is enthusiastically received by the children.

Mrs. Karp, Social Service Worker, who was appointed to this position last January, has made a definite place for herself on our Staff and has added greatly to the efficiency of our work.

It would not be fitting to close without pointing out that in a large measure the growth and success of the past year is due to the interest and wise administration of the President, her Officers and Board, and the interest and co-operation of our many friends who have given so generously of their help.

Respectfully submitted,

LILIAN A. GUILLOD,
Superintendent.

CLASSIFICATION OF DISEASES

Arthritis, chr. infec.	1	Marasmus (Infantile Atrophy)	1
Bronchopneumonia	8	Burns	8
Cellulitis	1	Lead Poisoning	4
Infection, Acute	1	Lymphangioma	1
Infection, Upper Respiratory	5	Dislocation	8
Measles	1	Imperforate anus	2
Pneumonia, Interstitial	3	Malformation of Rectum	1
Lobar Pneumonia	5	Talipes calcaneo-valgus	7
Pneumonia, Post	11	Other congenital malformations	2
Poliomyelitis, Old	8	Fracture of Bones	3
Rheumatic Fever, Acute	8	Hematoma, Traumatic	3
Rheumatic Fever	15	Subluxation	1
Tuberculosis, glandular	2	Eczema	2
Tuberculosis of spine	2	Endocarditis	1
Tuberculosis, disseminated	1	Heart Dis. — Rheumatic	14
Syphilis, congenital	2	Myocarditis	1
Whooping Cough	1	Other diseases of heart	8
Diabetes mellitus	3	Anemia	5
Rickets	7	Jaundice, hemolytic	1
Well babies	3	Lymphoblastoma	1
Feeding, Regulation of	6	Hodgkin's Type	
Malnutrition	14	Brain Tumor, post-op.	4
Prematurity	5	Chorea	28

CLASSIFICATION OF DISEASES — *Continued*

Misc. Dis. of Nervous System	2	Cholecystitis, Acute	1
Spinal Cord	5	Abdominal Pain	1
Osteomyelitis	11	Hernia, inguinal, bilateral	1
Scoliosis	1	Peritonitis (acute)	2
Other diseases of the bone	1	Prolapse of Rectum	1
Arthritis, atrophic	2	Bronchiectasis	7
Coxa vara	2	Bronchitis	17
Dislocation, Pathological	1	Abscess of lung	4
Anterior Poliomyelitis	21	Atelectasis	2
Elbow deformity	1	Other Diseases of Lungs	3
Synovitis	1	Empyema of pleura	22
Cataract	2	Hydronephrosis	1
Middle Ear and Mastoid	13	Nephritis, Acute	3
Epistaxis	1	Pyelitis	1
Sinusitis	8	Enuresis	2
Pharyngitis	2	Asthma	23
Hypertrophied T & A	3	Fever (cause unknown)	1
Tonsillitis	3	Malnutrition	52
Anorexia	3	Behavior	10
Appendectomy, acute	8	Wringer Arm	1
Colitis	2	Glands	3
Indigestion, Intestinal	2	General Disability	3

THE CONVALESCENT HOME OF THE CHILDREN'S HOSPITAL
SOURCES OF ADMISSION

The Children's Hospital	329
Boston City Hospital	50
Cambridge City Hospital	6
Infants' Hospital	16
The Avon Home	6
Newton Hospital	6
Quincy City Hospital	2
Deaconess Hospital	1
Mass. Eye and Ear Infirmary	2
Mass. General Hospital	7
Harvard Infantile Paralysis Commission	8
Mass. Memorial Hospital	2
Nickerson Home	1
Boston Floating and Dispensary	14
N. E. Hospital for Women and Children	7
Cambridge Hospital	3
Private doctors and agencies	10
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	470

THE CONVALESCENT HOME OF THE CHILDREN'S HOSPITAL

Report for the Year Ending December 31, 1937

Number of children cared for 533

Boston

Admissions	87	Discharges	78
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Metropolitan

Admissions	268	Discharges	277
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Outside

Admissions	115	Discharges	94
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Total	470	Total	449
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Daily average — 72+

Hospital days' care — 26,451

Paid — \$14.00 a week 14

Part pay 223

Free 296

533

Dental examinations — 372:	extractions	51
	fillings	329
	treatments	43
Total treatments		423

Contagions:

Chicken Pox	1	Whooping Cough	1
Measles	13	Sonné Dysentery	26

Total number of children who attended school:

Main Building	153
Solarium	33

Average attendance, daily:

Main Building	22
Solarium	8
	30

Physiotherapy: children treated.. 69 Treatments... 2,407

Posture: children treated.. 89 Treatments... 420



EXERCISES

REPORT OF VISITING PHYSICIAN

Several changes in the grouping of patients have been made during the year. With the practical condemnation of the infants' ward as antiquated, these patients are now placed in the separate rooms of the solarium building. While this arrangement is preferable to the old one, it is not ideal. It further emphasizes the need of a new infants' ward and deprives us of private rooms often needed to isolate older patients.

The remodeling of the two solarium wards has, we feel, been decidedly worth while. It has been easier to heat the building and to maintain a more even temperature. This is especially desirable for the comfort of children convalescing from rheumatic disease.

When funds are available to carry out more remodeling or building, provision must be made to have some smaller units. It would be difficult indeed to conceive of ninety adults convalescent from a variety of conditions being prop-

erly handled *en masse*. The same conditions apply to children. Bed patients, semi-bed patients and children with different disorders are often best segregated in units. Different age groups are likewise best kept apart.

The problem of cross infection in any children's institution is a serious one, particularly when most of the children are ambulatory. This was only too well illustrated this year when an epidemic of dysentery broke out and continued to crop up for weeks until an unsuspected carrier was found. Fortunately no unduly serious results occurred. We must constantly strive to improve our methods of preventing the spread of communicable diseases.

Many of our patients are having to stay longer at the Home than in years past because we admit more cardiac and pulmonary convalescents. Keeping such children happy and occupied presents a demand for occupational therapy appropriate to the ages and status of the different children. Everything possible with the available means is now being done but funds are needed to enlarge this aspect of the care of the convalescent child.

Admissions to the Home are now being handled through our superintendent's office instead of through the admitting office of the Children's Hospital. This arrangement we hope will make it easier for the various institutions to get their cases accepted and give us greater choice in the selection of cases.

I would like to express my thanks to the Board of Managers for their support during the year, to the Superintendent for her co-operation and advice and to the Nurses for their help and unfailing loyalty to their work.

HENRY E. GALLUP, M.D.,
Visiting Physician.

REPORT ON NURSERY MAIDS' TRAINING COURSE

The Convalescent Home of the Children's Hospital maintains a course of a year to young women twenty years or over, who wish to become trained nursery maids. A high school diploma is required.

Our principal aim in maintaining this course is first to provide the children in the Home, who are up to twelve years old, with the best possible care — special emphasis is made on the feeding and care of infants, and the cooking and preparing of diets for the older children. Our other purpose is to place in private homes, intelligent young women, trained to assist in the care and management of infants and children. They must undergo a complete physical examination both on entering and on graduation.

Last year 23 girls graduated from a class of 25. Two resigned.

We have a registry for the benefit of the graduates and for those wishing to secure nursery maids trained at the Home. During 1937, 42 girls were placed in 86 positions — of these a small proportion were for temporary engagements.

The Convalescent Home has no regulation fee for the service of placing nursery maids, but small donations are helpful towards maintaining the course.

Our graduates are in constant demand owing to the wise guidance of Miss Guillod, our superintendent, and the fine spirit which exists in the school.

ALICE H. MUMFORD,
Chairman of Nursery Maids Committee.

BALANCE SHEET, DECEMBER 31, 1937

ASSETS

Cash	\$16,270.41
GENERAL INVESTMENTS:	
Securities	519,816.06
CHARLES TIDD BAKER FUND ASSETS:	
Securities	\$19,763.50
Uninvested cash	<u>1,293.75</u> 21,057.25
Land, buildings and equipment	268,415.52
Prepaid insurance	<u>1,336.67</u>
	<u><u>\$826,895.91</u></u>
LIABILITIES	
Accounts payable	\$1,877.13
Donation for special purpose — unexpended	40.00
ENDOWMENT AND GENERAL FUNDS:	
General Fund	\$233,550.55
Endowment funds	293,054.07
Unapportioned Net Profit from Sales of General Investments for the two years ended December 31, 1937	<u>29,958.64</u> 556,563.26
Building and Equipment Fund	268,415.52
	<u><u>\$826,895.91</u></u>

Audit.

In the examination of the accounts, we verified cash and securities by confirmation as at December 31, 1937.

The amount representing prepaid insurance as at December 31, 1937 as stated in the balance sheet, was furnished us by Mr. H. W. Dwight Rudd in his capacity as insurance agent. Accounts payable were determined by invoices on file which were applicable to the period under audit.

We satisfied ourselves by substantial tests that disbursements were supported by approved vouchers and that with the exception of bond interest in default, all income due from securities had been received.

Very truly yours, LYBRAND, ROSS BROS. & MONTGOMERY.

THE CONVALESCENT HOME OF THE CHILDREN'S HOSPITAL

STATEMENT OF INCOME AND EXPENSE

For the Year Ended December 31, 1937

INCOME:

Collections from patients	\$5,553.19
Nursemaid fees	1,241.43
Ambulance	697.00

Subscriptions:

General	\$1,053.00
Benefit performance of the Skating Club of Boston	3,000.00
Dean Foundation for Care of Children.....	540.00
Wellesley College Service Fund	100.00
President Roosevelt's Birthday Ball	200.00
Committee of the Permanent Charity Fund ..	1,615.63
Community Federation of Boston	22,514.16

Income from investments	24,194.69
Miscellaneous	49.64
Total income	\$60,758.74

EXPENSES:

Administrative	\$4,500.18
Dietary department:	
Food	14,967.53
Other expenses	3,466.59
Housekeeping department:	
Clothing and linen	2,154.72
Other expenses	6,340.60
Laundry	3,223.42
Heat, light, power and water	12,337.62
Maintenance and repair	6,156.08
Motor service	2,124.12
Medical and surgical service	4,685.92
Nursing service and education	10,734.39
Social service	1,511.60
X-ray service	250.00
State Street Trust Company agency fee	479.51
Publicity	698.70
Auditing	275.00
Insurance	1,757.37
Treasurer's office expense	651.55
Total expenses	<u>76,314.90</u>
Deficit for year	<u>\$15,556.16</u>

THE CONVALESCENT HOME OF THE CHILDREN'S HOSPITAL
 GENERAL FUND

For the Year Ended December 31, 1937

BALANCE — January 1, 1937	\$276,966.54
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ADDITIONS:

Estate of Richard F. A. Schwartz	\$233.17
Estate of Mary H. Miller	500.00
	<u>733.17</u>

DEDUCTIONS:	\$277,699.71
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Transfer to Endowment Fund (amounts re- ceived 1902 to 1937 to establish memorial beds)	\$24,000.00
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Transfer to Building and Equipment Fund for improvements to solarium	4,593.00
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Deficit for the year ended December 31, 1937	<u>15,556.16</u>
	<u>44,149.16</u>

BALANCE — December 31, 1937	<u><u>\$233,550.55</u></u>
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THE CONVALESCENT HOME OF THE CHILDREN'S HOSPITAL
CHANGES IN ENDOWMENT FUNDS
For the Year Ended December 31, 1937

BALANCE — January 1, 1937 \$268,110.62

ADDITIONS:

Charles Tidd Baker Fund:

One-half income added to principal 443.45

The Memorial Bed Fund:

Transfer from General Fund \$24,000.00

Received in 1937 500.00

24,500.00

BALANCE — December 31, 1937 \$293,054.07

THE CONVALESCENT HOME OF THE CHILDREN'S HOSPITAL
ENDOWMENT FUNDS

December 31, 1937

Ann Blake Shaw	\$96,956.56
Amy Peabody	50,000.00
Harriet Otis Craft	20,000.00
Charles Tidd Baker	21,057.25
Adele Thayer	15,540.26
Henry Clay Jackson	20,000.00
Katherine E. Silsbee	10,000.00
Cornelia A. G. Winthrop	10,000.00
Robert Charles Billings	7,500.00
Costello C. Converse	5,000.00
Waldo E. Pratt	5,000.00
Henry Saltonstall	2,500.00
Ellen M. Gifford	2,000.00
Andrew C. Slater	2,000.00
Mrs. F. Gordon Dexter	1,000.00
The Memorial Bed Fund	24,500.00
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	\$293,054.07
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THE CONVALESCENT HOME OF THE CHILDREN'S HOSPITAL
WELLESLEY HILLS, MASS.

H. W. DWIGHT RUDD, TREASURER, 65 KILBY STREET, BOSTON, MASS.

annual
At the ~~monthly~~ meeting of the Convalescent Home
of the Children's Hospital held ~~after the annual~~
~~meeting~~ on Monday, February 6th, 1937 at the Children's
Hospital. It was voted that the Secretary cast one ballot
for the Finance Committee for the year 1937 as named
below: -

H. W. Dwight Rudd

Robert T. Bennett

S. Hooper Hooper.

A true copy.

ATTEST, Charles H. Geary
Secretary.

At the meeting of the Convalescent
the Children's Hospital at 11:00 A.M.
February 8th, 1957, it was voted
cast one ballot for the officers
as named below: -

President - Mrs. Helen

Vice-president - Miss

Secretary - Mrs. George

Treasurer - H. W. D.

Assistant treasurer -

True copy.

